



HILL RAYS ACADEMY

Guiding Great Minds

A PARENT'S GUIDE

Signs Your Child May Need Learning Support Earlier Than You Think

Recognising the patterns that matter

"The goal is not to label the child, but to understand how they learn and what support may help."



Every child learns in their own way and at their own pace. Differences in learning are normal.

However, some consistent patterns may show that a child needs extra support to learn more comfortably. The goal is not to label the child, but to understand how they learn and what support may help.

SIGN ONE

1 Difficulty with Reading

Some children find reading harder than expected for their age. You may notice:

- ◆ Slow or hesitant reading
- ◆ Guessing words instead of reading them
- ◆ Difficulty understanding what was read
- ◆ Avoiding reading activities

EXAMPLE

A child reads a sentence but cannot explain what it means afterwards.

SIGN TWO

2 Difficulty with Mathematics

Some children struggle with numbers even after practice. You may notice:

- ◆ Trouble counting accurately
- ◆ Forgetting number facts
- ◆ Confusion with simple sums
- ◆ Difficulty understanding word problems

EXAMPLE

A child can count objects but becomes confused when numbers are written on paper.



SIGN THREE

3 Difficulty Following Instructions

Some children need instructions repeated often. You may notice:

- ◆ Forgetting what was said
- ◆ Asking, "What do I do next?" repeatedly
- ◆ Struggling with steps in a task

EXAMPLE

A child is told to open their book, write the date, and start question one, but only completes one step.

SIGN FOUR

4 Low Confidence in Learning

Some children begin to doubt their ability when learning feels difficult. You may notice:

- ◆ Saying "I can't do it"
- ◆ Giving up quickly
- ◆ Avoiding homework
- ◆ Becoming upset during learning

EXAMPLE

A child stops trying after one mistake instead of continuing.



SIGN FIVE

5 Difficulty Staying Focused

Every child loses focus occasionally, but persistent difficulty concentrating on age-appropriate tasks may affect learning. You may notice:

- ◆ Easily distracted
- ◆ Not finishing tasks
- ◆ Moving quickly from one activity to another

EXAMPLE

A child starts a writing task but leaves it halfway to do something else.

SIGN SIX

6 Falling Behind in Classwork

Sometimes teachers notice that a child is not keeping up with class activities. You may notice:

- ◆ Frequent reports of difficulty in school
- ◆ Slow progress compared to expectations

This does not mean the child cannot learn. It may mean they need a different way of learning.

MOVING FORWARD

What Should Parents Do?

Seeing one or two of these signs sometimes is normal. But if several signs continue over time, it may help to look more closely at the child's learning needs.



PRACTICAL STEPS

Where to Begin

Talk to your child's teacher

Ask how your child behaves and learns in class.

Observe at home

Notice how your child reads, writes, and completes tasks.

Reduce pressure during learning

Give your child time, break tasks into small steps, and avoid rushing them.

"You can do one part at a time."

TAKING THE NEXT STEP

Consider an Educational Assessment

If concerns continue, an educational assessment can help identify:

- ◆ How your child learns
- ◆ Where support is needed
- ◆ What strategies may help

IMPORTANT REMINDER

Needing support does not mean a child is failing. It simply means the child learns in a different way or at a different pace.

When learning is understood properly, support becomes clearer and learning becomes easier for the child.

*With early understanding and the right support, children
can build steady learning habits and develop confidence
over time.*



NEED PERSONALISED SUPPORT?

Let's Help Your Child Learn With Confidence

Hill Rays Academy provides educational assessments and personalised learning support to help children understand how they learn best, build confidence, and make steady academic progress. If you have concerns about your child's learning, we're here to help.

GET IN TOUCH WITH US

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